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A Guide to the
SaraKay C. Smullens Papers
1904-2008 (bulk 1960-2000)

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UPT 50 S666

Prepared by Kaiyi Chen

October 2009

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PROVENANCE

SaraKay Cohen Smullens donated the bulk of her personal and professional papers to the Trustees of the University of Pennsylvania in 2007. She made additional, incremental gifts of papers in 2008, 2009 and 2010.

ARRANGEMENT

This collection has been organized in the following series and arranged alphabetically except for the last two series:

Clippings

Correspondence and general

Correspondence with journals and media

Manuscript

Meeting files

Publishing

Sabbath of Domestic Peace

Tom Harkin for President campaign

Memorabilia

Video and audio tapes

BIOGRAPHICAL NOTE

SaraKay Cohen Smullens was born April 10, 1940, in Baltimore, Maryland, the daughter of Charles and Charlotte (Orfuss) Sherman. In 1958 she enrolled in Skidmore College, in Saratoga Springs, New York. Two years later, she transferred to Goucher College, in Baltimore. In 1962 she earned the degree of Bachelor of Arts from Goucher College, with a concentration in political science. In 1963 she enrolled in the graduate program of the National Catholic School of Social Service at the Catholic University of America, in Washington, D.C. In 1964 she transferred to the graduate program of the School of Social Work at the University of Pennsylvania, in Philadelphia, Pennsylvania. In 1965 she earned the degree of Master of Social Work from the University of Pennsylvania.

SaraKay Cohen Smullens married in 1964 and became the mother of two daughters, Elisabeth Joy LaMotte (1968 - living in 2009) and Kathyanne Sherman Cohen (1971 - living in 2009). She married, secondly, in 1979 to Stanton N. Smullens (1936 - living in 2009) and became the "step" mother to his two children, Elizabeth Rebecca Smullens Brass (1966 - living in 2009) and Douglas Robert Smullens (1969 - living in 2009).

SaraKay Cohen Smullens began her professional career immediately following her 1965 graduation from the University of Pennsylvania. In 1965-66 she served as a Protective Service Counselor at Philadelphia's Society to Protect Children from Cruelty. In 1966-68 she was a Family Therapist at a Philadelphia psychiatric hospital. In 1968-73 she served the Jewish Family Service of Philadelphia as a Marriage and Family Counselor and as Director of its Family Life Education. In 1973 she began her private practice of Marital, Couple, Family, and Group Psychotherapy, a practice which she continues in 2009. In the mid 1970s, during her years as a single parent and while there were a number of local television shows coming directly from Philadelphia and neighboring

cities, she was a frequent guest, discussing areas of social and clinical concern from a social work perspective.

In 1969 SaraKay Cohen Smullens was elected a member of the Academy of Certified Social Workers. In 1987 she became a Board Certified Diplomate in Clinical Social Work; in 1988, a Certified Family Life Educator; and in 1995, a Certified Group Psychotherapist. She is a licensed practitioner in the Commonwealth of Pennsylvania. She has also held academic appointments in the College of Allied Health Professionals at Hahnemann Medical University, where she lectured and taught courses, seminars, and workshops.

SaraKay Cohen Smullens was (and is) also active in the Philadelphia community. She has been a member of the board of directors of the Family Service of Philadelphia; a member and officer of the Woman's Board of Thomas Jefferson University Hospital; a member of the Board of Overseers of her alma mater, the School of Social Policy and Practice of the University of Pennsylvania; a member of the board of directors of the Center City Residents' Association; a member of the board of directors of the Philadelphia Chapter of the American Jewish Congress; Vice Chair and Chair of the Child Welfare Advisory Board of Philadelphia; and a Trustee of her alma mater, Goucher College. She is also the founder of "Sabbath for Domestic Peace," an inter-faith, inter-disciplinary task force with the mission of educating clergy about domestic violence.

SaraKay Cohen Smullens is perhaps best known for her writing. In 1976-81 she was a columnist at Philadelphia's morning newspaper, the Philadelphia Inquirer, where she dealt with issues of relationships and public policy. During this period - in 1980 -the nationally-prominent publishing company, Charles Scribner's Sons, published SaraKay's best known work, *Whoever Said Life is Fair?: A Guide to Growing through Life's Injustices*. In 2002 the New Horizon Press published SaraKay's second, major volume, *Setting Yourself Free: Breaking the Cycle of Emotional Abuse in Family, Friendships, Work and Love*. Her writing continues to the present time. In January 2010 the International Journal of Group Psychotherapy published a major, twenty-page article of hers, "The Codification and Treatment of Emotional Abuse in Structured Group Therapy." SaraKay intends to continue writing and publishing.

SCOPE AND CONTENT

The collection documents SaraKay C. Smullens' career as a free-lance columnist, woman and family issue writer, social activist, and family psychotherapist.

The "Correspondence and general" series constitutes the bulk of the collection. This series includes the following sub-series: American Jewish Congress, Center City Residents' Association (over an issue of trash collection for the downtown neighborhood of Philadelphia), Child Welfare Advisory Board of the City of Philadelphia, Department of Human Services of the City of Philadelphia, Continuing Education, Crystal Stair Award Committee, Family Service of Philadelphia, Jefferson University Hospital Women's Board, Speaking engagements, State Board of Social Workers, and Penn School of Social Work (Board of Overseers).

The Manuscript series includes several major works in typescript form that have not been published.

The Meeting files series contains material of all meetings, conferences, workshops, seminar courses SaraKay Smullens attended or hosted.

The Publishing series is another major one. Collected in this series are articles published in journals, in particular the Philadelphia Inquirer and the Philadelphia Daily News; the two books published--Whoever Said Life is Fair? and Setting Yourself Free, including not only book forms of different editions, but also drafts and manuscripts, correspondence with the publishers, promotion activities, readers' response and the author's correspondence with the readers.

The Sabbath of Domestic Peace series includes records of this civic branch of the American Jewish Congress, especially activities of its Interfaith Worship Service.

The Tom Harkin for President campaign series documents activities Smullens helped organize in Philadelphia area for Senator Harkin in his bid for United States President in 1991.

The Memorabilia series includes mementos SaraKay kept of the 1960 Democratic Convention, the Democratic National Convention of 1996, a file of papers of her grandfather Samuel Orfuss for his trip from Germany to America, 1904, a scrapbook that dated back to her school days, and other miscellaneous letters, photographs, posters or artifacts related to celebrities or events that were of special significance to the original owner.

The Video and audio tapes series includes records in audio and visual forms of talks, presentations, interviews, and TV shows in which SaraKay participated on various occasions.

CONTROLLED ACCESS HEADINGS

Corporate Name(s)

- American Board of Examiners in Clinical Social Work.
- American Group Psychotherapy Association.
- American Jewish Congress.
- Center City Residents' Association (Philadelphia, Pa.).
- City of Philadelphia. Child Welfare Advisory Board.
- Family Service of Philadelphia.
- Goucher College.
- National Catholic School of Social Service (U.S.).
- Philadelphia College of Performing Arts.
- Philadelphia Daily News.
- Philadelphia Inquirer.
- Sabbath of Domestic Peace.
- Skidmore College.
- Thomas Jefferson University. Hospital.
- University of Pennsylvania. School of Social Work. -- General subdivision--Study and teaching.;

Personal Name(s)

- Brandt, Carl D.
- Nelton, Sharon
- Yokobori, Fusako, Mrs.

Subject(s)

- Domestic relations.
- Psychotherapy.
- Social service.

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Correspondence to journals and book sellers for promotion, 2002-2005	17	34
Correspondence with Rentsch Associates (and other agencies) re book marketing, 2002	17	35
Correspondence with supporters and friends, 2002	17	36

Correspondence with the publisher

New Horizon Press, 2001-2002, with drafts of some attached parts to the book	17	37
New Horizon Press, 2001	17	38
New Horizon Press, 2002 Jan. -2002 June	17	39
New Horizon Press, 2002 July - 2002 Dec.	17	40
New Horizon Press, 2003	17	41
Excerpts for EAP Digest, 2002-2003	17	43
Illustrations, 2001	17	44
News release and a panel discussion, 2003 April 7, with curriculum vitae of the author, etc.	17	45
Photographs of the author meeting readers at bookstores, 2003	17	46
Promotional material and media event listing, 2002-2003	17	47
Proof pages for final review, 2002 March	17	48
Publisher New Horizon Press, press kit, 2001	17	49
Publisher's news release, 2002, with drafts by the author	17	50
Review copy distribution, 2002-2003	17	52
Typescript for proof review, 2002 February	18	1
"Sopranos' hitting the target on therapy," Philadelphia Inquirer , 2001 March 28, with two audio cassettes of "Sopranos," 2002 Oct. 11	18	2
"Sopranos' hitting the target on therapy," Philadelphia Inquirer , 2001 March 28, correspondence and relevant clippings, 2001-2004	18	3
"Sopranos," notes and commentaries, 2002-2003	18	4
The Bulletin, 1981, with clippings promoting Smullens' column	18	5
The Bulletin, articles published, 1981 October -1982 January	18	6
"To know how to laugh together," draft, n.d.	18	7

"University of Pennsylvania School of Social Work: Reflections of a Graduate," 2008	27	25
Wall Street Journal "Letters to the Editor," 2007 November 15	21	43
Whoever Said Life is Fair?		
1980, reviews and an introduction of the author	18	8
1980, hard-cover copy	18	9
1982, paperback edition by Berkley Books	18	10
1988, mass market edition	18	11
2000, Authors Guild Backinprint.com edition	18	12
American Printing House for the Blind, 1994	18	13
Whoever said Life is Fair? book promotion tour sponsored by the publisher, 1980	18	14
Book tour, 1980 August - December	18	15
Book tour, 1980 March - July	18	16
Congratulations, 1980	18	17
Contract with Charles Scribner's Sons, 1978, 1991	18	18
Correspondence with bookstores, 1980-1988	18	19
Correspondence with copy recipients, 1979-1993	18	20
Correspondence with iUniverse, 2000-2005	18	21
Correspondence with the publisher (Charles Scribner's Sons), 1978-1979	18	22
Correspondence with the publisher (Charles Scribner's Sons), 1980	18	23
Correspondence with the publisher (Charles Scribner's Sons), 1982-1990	18	24
Dove Books on Tape, letter of proposal for taping, 1988	18	25
Japanese book translation rights, 1984	18	26

Letters from readers, with responses		
1980, greeting cards	18	30
Mailing lists for copies, 1980	18	33
News release and clippings, 1980-1981	18	34
Whoever said Life is Fair? newspaper reviews and other clippings, 1980	18	35
Online publication by Authors Guild Backinprint.com, 2000	18	36
Orders and list of addresses, 1985-1989	18	37
Proof copy, [1980]	18	38
Publication celebration, book wrapper and excerpts, 1980-1981	18	39
Publication celebration, Meet the author party 1980, April 23	18	40
Responses from professionals, with replies, 1980-2001	19	2
Reversion of property rights, 2000	19	3
Sample letter offering autographs, 1982	19	4
Typescript, last version for Charles Scribner's Sons, n.d.	19	6
Typescript, original, n.d.	19	7
SABBATH OF DOMESTIC PEACE		
1994-1996, including letters from people interested in grant proposals	19	8
1994-2003, agenda and minutes	19	9
1995 Oct. 13-15, ecumenical Sabbath, with correspondence and information material	19	10
1996-2000	19	11
1997 Oct. 8, agenda material	19	12
1997, meeting material	19	13
1998, Annual Interfaith Worship Service	19	14

1998, meeting material	19	15
1999, meeting material	19	16
2000 Sept. - Dec., meeting material	19	17
2000, Annual Interfaith Worship Service and some fund-raising correspondence	19	18
2001 Jan. - Dec., agenda, minutes, etc.	19	19
2001-2003	19	20
2002 Feb. - Nov., agenda, minutes, etc.	19	21
2002-2006, business and financial	19	22
2003 Feb. - March, meeting material	19	23
2003-2004, miscellaneous	19	24
2003-2005	19	25
"Abuse--the hidden terror" and pamphlets from other sources, 1997	19	26
American Jewish Congress		
Community Teacher Education Day, Domestic Violence Workshop, 1993 Nov. 7	19	27
Louise Waterman Wise Award luncheon, 1996 May 21, correspondence and congratulations (1)	19	28
Louise Waterman Wise Award luncheon, 1996 May 21, correspondence and congratulations (2)	19	29
Louise Waterman Wise Award luncheon, 1996 May 21, Guest book, with group pictures	19	30
Annals of the American Psychotherapy Association, paper submission, 1999-2000	19	31
B'nai B'rith Women, 1994-1995	19	32
Board of Rabbis of Greater Philadelphia, 2001-2002	19	33
Brochure and material re emotional abuse and psychotherapy, 2006	19	34

Brown, Sue F.

2000, with a paper on the development of the Sabbath of Domestic Peace	19	35
1997, website file	19	36
1997-2000	19	37
CD-R, no title, n.d.	19	38
Center for the Prevention of Sexual and Domestic Violence, and two other institutions, 2003	19	39
Church and secular mailing lists, 1998	19	40
Clergy Day 2000, 2000 Oct. 18	19	41
Clippings of religious response to domestic violence, 1995-1996	19	42
Clippings, 1995	20	1
Clippings, 1997-1999	20	2
Coalition Against Jewish Domestic Violence of the Delaware Valley, Conference "From Israel to America," 1997 April 1	20	3
Coalition members, list, n.d.	20	4
Comcast interview, 1997	20	5
Comcast Network, talk show, 1997 Oct. 15	20	6
Comcast Newsmakers, interview, 1999 Sept. 24	20	7
Contract for a poster, 2001	20	8
Correspondence		
1993-1995	20	9
1994	20	10
1995	20	11
1996	20	12
1996-2002	20	13

1997-2001	20	14
2000, with clippings, 1995-2000	20	15
Delaware Valley Grantmakers, Colleague to Colleague Directory, 2000	20	16
Domestic violence handbook for human service providers, 1996, with other information publications	20	17
Domestic violence, clippings		
1994-1995 (1)	20	18
1994-1995 (2)	20	19
1995-2000	20	20
1996-1997	20	21
Family Ministry, 1998	20	22
Financial, 1996	20	23
First meeting, 1994 July 20, with information material	20	24
Grant applications		
Approved, 2002	20	25
General, 2001	20	26
General, 2002 (1)	20	27
General, 2002 (2)	20	28
Rejected, 2002-2003	20	29
Valentine Foundation, 2002	20	30
Grants, progress report, 2001-2002	20	31
Interfaith Worship Service		
1997 Oct. 5	20	32
2002 Oct. 14	20	33
programs, 1997 - 2002	20	34

Jewish Women International, information package on domestic violence, 1995	20	35
Jewish Women International, Resource Guide for Rabbis on Domestic Violence, 1996	20	36
Kase, Sister Josephine, 1998-2005	20	37
Lists of names and addresses and phone numbers of associated organizations and individuals, 1994-1995	20	38
Lutheran Children and Family Service, recruiting package for interested service providers, 2003	20	39
Material for Website, 1998-2000	20	40
Material of allied organizations, 1995-1996	20	41
Mayor's proclamation ceremony, 1995 Oct. 12	20	42
Meeting minutes		
1994-1998	20	43
1994-2002	20	44
1999-2000	20	45
Meetings, 1996-1999	20	46
Meetings, 2003-2005	20	47
Metropolitan Christian Council of Philadelphia, Women of Faith, 2000	20	48
Mission statement and membership lists, 1996-2000	21	1
Mission statement, 1995	21	2
Pamphlet requests, 2000-2003	21	3
Pamphlet revision, 1999	21	4
Pamphlet updated, 2001	21	5
Pamphlet, 1996, proof reading sheets	21	6
Paper "Counseling the clergy on how to help victims of domestic violence," [in or after 1996]	21	7

Philadelphia Daily News, articles by Jill Porter, 1995-1996	21	8
Planning meetings, 1995 March - Oct.	21	9
Progress report to foundations, 2003	21	10
Public relations and public release, 1996-1997	21	11
Public service announcement of National Domestic Violence Awareness Month, 2002	21	12
Public service announcement		
Letters to radio stations, 2002	21	13
Letters to TV stations, 2003 Dec. 2	21	14
Taping at West Laurel Hill Cemetery chapel, 2002 May	21	15
Requests for publications, 2000-2001	21	16
Resolution, 1996 Summer	21	17
Ring-binder subject file, 1998	21	18
Ring-binder subject file, 1999	21	19
Sabbath of Domestic Peace Coalition, mailing list, 2003	21	20
Stationery, n.d.	21	21
Strauss Foundation, 2001-2003	21	22
Responding to Domestic Violence; Making Changes, Bringing Hope, 1999	27	26
Violence Against Women		
Paper reviewed, "Building bridges between shelters for battered women and religious organizations," 1995 Oct.	21	23
Submitted manuscript "Building bridges between shelters for battered women and religious organizations: advice from victim advocates," 1996	21	24
Website correspondence, 2002-2003, with information on interfaith service and resources	21	25

TOM HARKIN FOR PRESIDENT CAMPAIGN	Box	Folder
Americans for Harkin Party, 1991 Oct. 2, thank-you letters	21	27
Americans for Harkin Party, delegate file, 1991	21	28
Correspondence and clippings, 1991-1992	21	29
Correspondence and clippings, 1991-1993	21	30
Expenses, 1991	21	31
Invitation, 1991 September	21	32
Invitation, 1991 September, responses and correspondence	21	33
Supporters' correspondence, 1991	21	34
MEMORABILIA	Box	Folder
1960 Democratic Convention		
Directory and Democratic Fact Book	21	35
Newspaper clippings re the Convention and JFK, 1960-1964	21	36
Platform pamphlet, with three candidate buttons, a honorary guest badge, and a "Symington for President" souvenir sun glass	21	37
Program and Manual	21	38
Publications, miscellaneous, with 1961 inaugural mementos, eulogies to JFK of Nov. 1963, and a news clipping of 1997 on the teletype printout reporting JFK assassination	21	39
Relevant correspondence Smullens had handled, 1962-1963	21	40
"A Book of Jewish Thoughts," a gift pamphlet given to Sara Kay by Rabbi Uri Miller, undated	21	41
Ball pen with the inscription of "Marriott--World Trade Center," contained in a glass-cover holder, n.d.	21	42
Certificate of Recognition from the Penn School of Social Work, 2001 March	22	1

Certificates and group photographs, miscellaneous, 1962-1995	22	2
American Jewish Congress, Louise Waterman Wise Award, citation from the House of Representatives, Pennsylvania, 1996 May 15	24	1
American Jewish Congress, Louise Waterman Wise Award, congratulations from the Senate of Pennsylvania, 1996 May 1	24	2
Bicentennial Women's Center, poster, 1976	24	3
Crystal Stair Award, programs and photographs matted, 1997-2003	24	4
Daily News articles, two, matted, 2002, 2006	24	5
Democratic National Convention		
1996, a memorabilia item	22	3
Note sheet binder, printed on the cover is "1960 Democratic Convention"	23	4
Aide certificates, letters, a photograph from Carlton R. Sickles, two albums re Kennedy's inaugural address, 1960-1962	24	6
Goucher College and Goucher Weekly, notes, photos and clippings, 1961-1970	22	4
Grandfather Samuel Orfus, his and his "manservant's" papers for their trip from Bremen, Germany to the United States, 1904	23	5
Letter from Bob Kerrey, matted, with the article re Vietnam, 2001	24	7
National Domestic Violence Awareness Month, 1995, proclamation by President Clinton	24	8
Photographs and letters from celebrities, etc., 1958-2005	24	9
Poster "An evening with the U.S. Senate," from Elizabeth Dole, 2004	24	10
Sabbath of Domestic Peace, Proclamation by Philadelphia Mayor, 1999 Oct. 17	24	11
Setting Yourself Free, book jacket, matted	24	12
Scrapbook pages, photographs, newspaper clippings, notes, grade reports, certificates, etc., 1950-1967	25	

Posters, oversize, five, re Women at Penn, Woman's Rights Festival,
American Women on the Move., domestic violence etc., 1976-2001 26

VIDEO AND AUDIO TAPES	Box	Folder
Audio tape		
2 audio tapes, undated, [Sabbath of Domestic Peace, PSA]	22	5
Emotional abuse: admitting our gaps, codifying our knowledge, 2003	22	6
Whoever said life is fair? 1987	22	7
Video tape		
"It's your call - domestic violence," 1997 Oct. 15	22	8
Admission ceremony of Kathyanne Cohen, 2001 April 10	22	9
CEU course "Five cycles of emotional abuse: Origins, implications and treatment," n.d.	22	10
Crystal Stair Award, 2000 May 19	22	11
Divorce and Wallenstein's study, 2000 Oct. 24	22	12
Domestic violence, 2002 Oct. 3	22	13
Dori Lenz on Joint Custody, 1997	22	14
Family Talk, 2002	22	15
Jenny Jones Show, 2002 Sept. 6	22	16
Joint custody, 1997	22	17
Library event on emotional abuse, 2003 April 7th	22	18
Lynn Doyle, Discussion of family values, 1998	22	19
Oprah Winfrey, "Custody battles," n.d.	22	20
Sabbath of Domestic Peace		
"It's your call - domestic violence," 1997 Oct. 15	22	21

"Thurs. News, 1995"	22	22
Crystal Stair Award, 2000 May 19	22	23
Discussion, "3 years old," 1999	22	24
Discussion, "3 years old," 1999 (2nd copy)	22	25
PSA [Public service announcement], "Voices of Victims," 2003 July 8	22	26
PSA [Public service announcement], "Voices of Victims," 2003 July 8 (2nd copy)	22	27
PSA [Public service announcement], undated	22	28
PSA [Public service announcement], undated (2nd copy)	22	29
PSA [Public service announcement], undated (3rd copy)	22	30
Religion ethics, 2002 Oct. 4	22	31
Untitled, 2002 June 19,	22	32
Seeking solutions with Suzanne: emotional abuse, 2005 April 28	22	33
The DSCC Women's Council, undated	22	34